

### Compliments of: CHRISTINE WOLTER

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# **SEPTEMBER 2020**

### Residential Sales by Price (Year To Date)

Price Range	2020	2019
280,000 to 319,000	1	5
320,000 to 359,000	8	10
360,000 to 399,000	15	18
400,000 to 439,000	20	38
440,000 to 479,000	31	58
480,000 to 519,000	54	83
520,000 to 559,000	87	114
560,000 to 599,000	108	118
600,000 to 699,000	291	322
700,000 to 799,000	247	221
800,000 to 899,000	167	115
900,000 to 999,000	94	74
1 million and over	196	111

### Real Estate Stats Last Month

Average house price	\$816,767	\$720,665
Median house price	\$724,200	\$656,500
Average Mobile Home price	\$210,918	\$191,917
Houses listed	374	419

### Residential Sales (Year To Date)

Туре	2020	2019
Acreage/House	67	69
Townhouse	566	567
Condo	727	818
Lots	150	96
Mobile Homes	161	167
Residential	1,568	1,401
Residential (Waterfront)	46	23
TOTAL	3285	3141

## Active Listings

Res	Mobiles	Strata	Lots
961	89	1,031	350

Okanagan Mainline Real Estate Board Stats Not intended to solicit properties already listed for sale.





# BACK TO SCHOOL LIKE NEVER BEFORE

## Help your family thrive amid change and uncertainty

This year's Back to School joins the list of unprecedented firsts that 2020 has served up. As most of the students return to school, they find the landscape has been altered to include safety measures to respond to the threat of COVID-19. These changes are beyond our control, but there are measures that can be taken to help your children (and you!) maintain a sense of stability. Here are some tips:

### Home-time Routine

Clear structures and routine for hometime can help to make your home feel safe. Implement an arrival ritual that helps everyone to bring closure to the school/work part of the day and transition into home/free time. This can include gratitude practices, visualization or a repeated phrase. For example: have kids visualize taking their day's experiences and place them in a cupboard to close the door.

### Control what you can

Keep as much consistency as possible in the areas you can influence. Have regular times, places and practices.



For example: "Five o'clock is time for homework and we do it at the table with a snack as a reward." This helps kids to feel stable and have something to expect/look forward to.

### **EmPOWERment**

Give your child agency to choose elements of their day/routine so they can feel more control over their environment. Teach them ways to self-regulate through activities like breathing, mindfulness practice and exercise.

### Come together

The whole family may need increased bonding during this time. Find ways to share experiences and come together to support each other. Make extra effort to practice and model empathy by seeing the world through your child's eyes. Give them the space to talk and ask any questions. Deliberately focus on kindness, encouraging each person to say or do something special for another family member on a daily or weekly basis.



